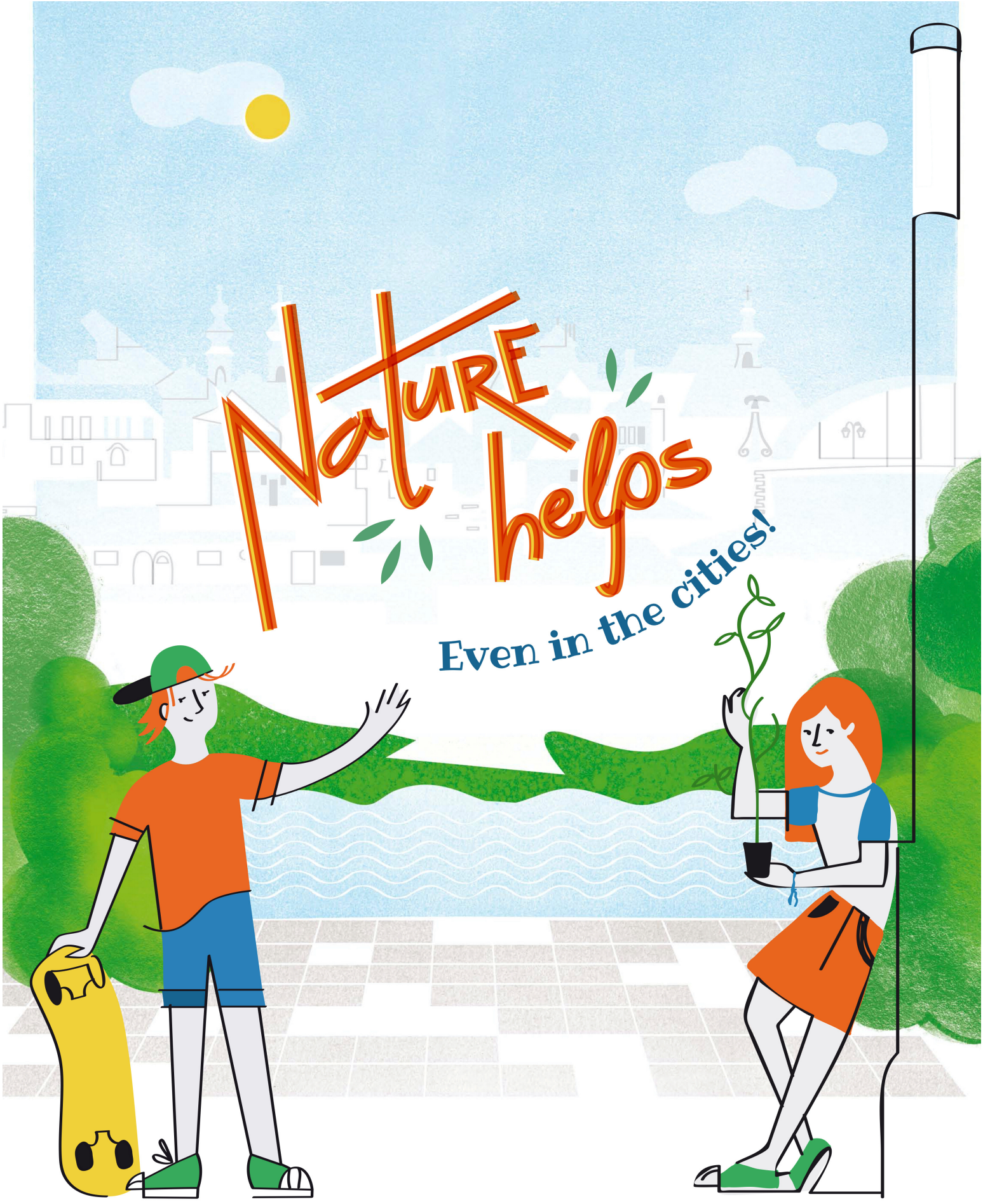
# Nature helps

## Even in the cities!



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www.naturvation.eu

The twins, Edina and Adam,
love to live in the city,
but there are things which
can spoil their fun.

Luckily there is something
that comes to their aid:

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# What bothers Edina?

1

Edina loves to be outdoors, but it's quite impossible to make her friends also join.

2

Edina is planning a sleepover at her cousin's, but her mum thinks the neighbourhood isn't safe.

3

Edina would like to surprise her parents with a special present for their wedding anniversary, but she's run out of her pocket money.

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# How can nature help Edina?

1

THAT'S IT!

The city lake was reconstructed.

I can show you something you've never seen before!

2

Mum was so surprised to see the renewed neighbourhood. So, it's a yes for the sleepover.

3

Her parents were very happy with the carrot cake Edina made using ingredients from the school garden, with carrots she grew herself.

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# Why is Adam in a fret?

1

Adam loves to ride his bike, but there is so much traffic that he is afraid to go anywhere by bike.

2

Adam is a huge basketball fan, but he can't play with his friends now.

3

Adam loves swimming but the swimming pools are always packed.

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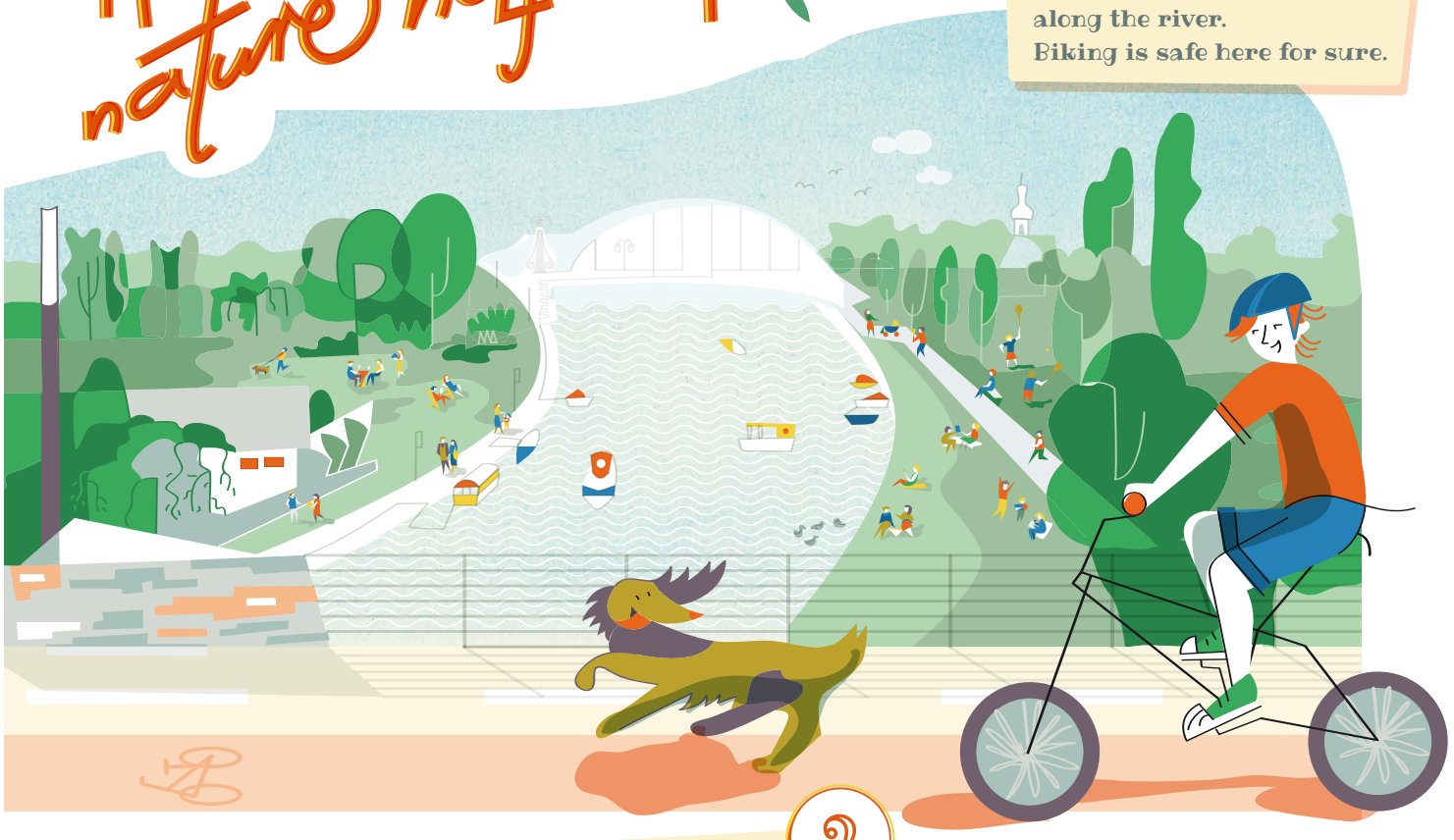
# How can nature help him?

Hooray!

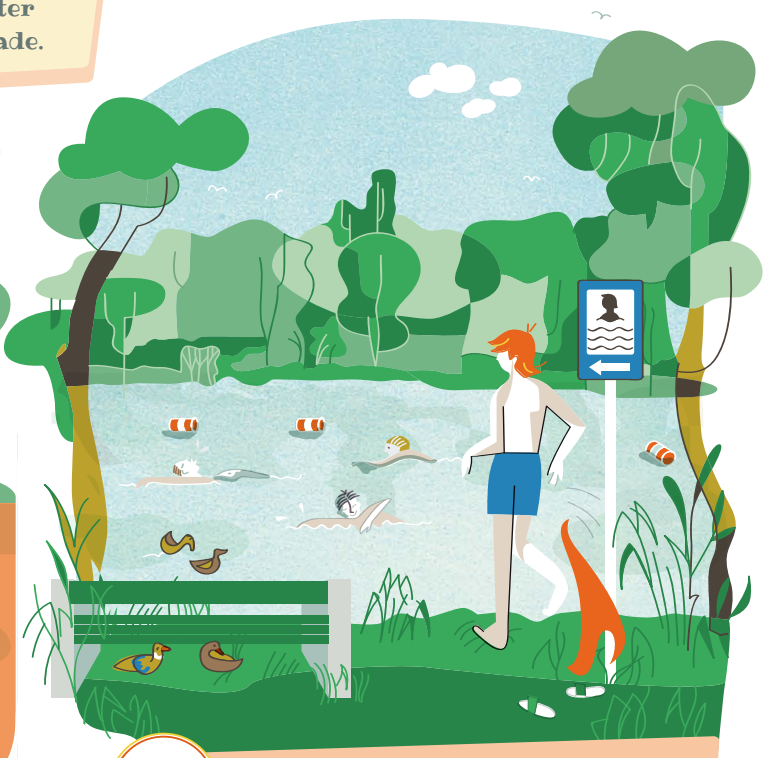
1

There are new bike lanes
along the river.
Biking is safe here for sure.



2

Thanks to the trees –
it is so much better
to play in the shade.



3

There is a new beach now at the river:

this is the coolest place
in the city to swim.

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# Family Challenges?

1

The city air is not good for grandpa's health.

Can I give you a cough suppressant?

2

Grandma is complaining a lot that she is lonely.

3

Daddy is a great angler, but unfortunately the poor water quality doesn't allow him to fish.

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# Nature can help everybody!

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There are several nature-based solutions which can be used when renewing a district or street, renovating a park, riverside, or even building a house.

## Have you ever seen these nature-based solutions?

### Greening of public spaces

Street trees

Botanical gardens

Green playground and school grounds

### Greening building exteriors

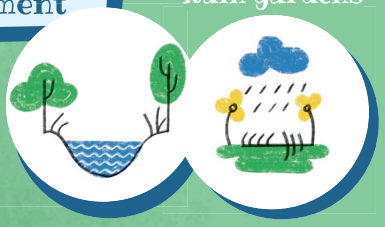
Green wall or roof

Balcony green

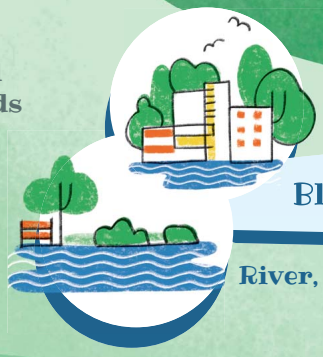
### Green areas for water management

Rain gardens

Swales



### Blue areas



Lake, pond

River, stream, canal

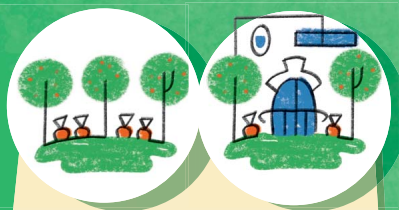
### Derelict areas

Abandoned plots with green features

### Community gardens

Fruit and veggie gardens

School gardens



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# Can you think of any urban problems, where nature might be able to help?

Write it on a post-it and place it here:

## PROBLEM

In the middle of our city there is an empty plot.

## NATURE CAN HELP

On the empty plot we could grow plants, even fruits and vegetables.

**Would you like to solve urban problems with green ideas? Check out this online game:**

game.think-nature.eu

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# Nature helps in Győr

You've probably visited some of these places in Győr where we can find nature-based solutions.

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You can find some nature-based solutions in Győr too. Adam will show you the most interesting ones in the following posters.

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# Beekeeping at Audi

The more
I learn about bees,
the more
I love them.

**The six bee colonies at Audi not only provide honey, but they help us in monitoring the state of the environment.**

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# Rehabilitation of Püspök Forest

I like the new adventure park, but my real favourite is the "blogging oak".

**In the Püspök Forest there are new pathways, fireplaces, outdoor gym equipment, roofages, playgrounds and also educational trails. Now we can spend more time in the forest with the family.**

The blogging oak:
http://tolgyfa.blog.hu

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# The new Bercsényi Grove

My cousin learnt to bike here.

Since the creation of parks at the old riverbank, it attracts more and more visitors. There is a playground, sports field, and also a traffic park for kids.

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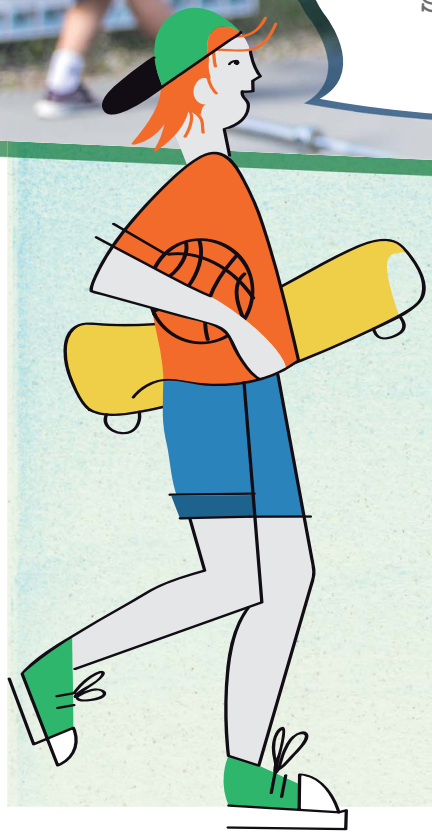
# Reconstructed Barátság Park

If I want to,
I can play a different
sport every day
of the week.



**Everything a sports fan can dream of: new football, streetball and tennis fields, outdoor gym, pingpong, and even petanque for the elderly.**

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# Moson Danube Complex Project

Edina is swimming,
Dad is fishing,
and I'm biking
on the riverbank.
Thanks, Danube!

**The riverbank has been reconstructed! The water is cleaner and we can spend more time on the riverbank walking or roller skating.**

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# All around the world we can find many successful nature-based solutions.

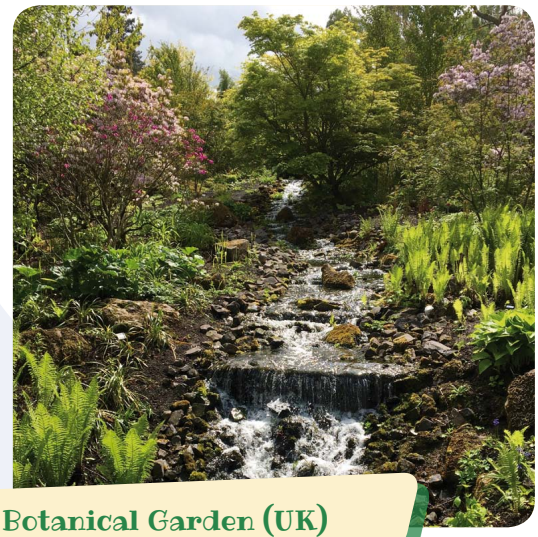
## CityTree

You can meet with the CityTree project in several European cities. This unique installation (similar to a green bench) is like a miniature forest which helps to keep the city air clean – and as a bonus, you can rest on it.

Look at the amazing examples I found!

## Hammarby Sjöstad (Sweden)

This 'town around a lake' is the first eco city district in Stockholm. Here, you can find not only large parks and other green spaces, but the whole district was designed in a way that allows inhabitants to feel as close to nature as possible.



## Royal Botanical Garden (UK)

One of the UK's Royal Gardens established in Edinburgh. The garden not only hosts around 3000 exotic and domestic plants, but also tries to find solutions to climate change related city problems.

## Bosco Vertical (Milan, Italy)

The two residential towers host 900 trees and over 20,000 plants from a wide range of shrubs and floral plants, all of which are distributed according to the sun exposure of the facade.

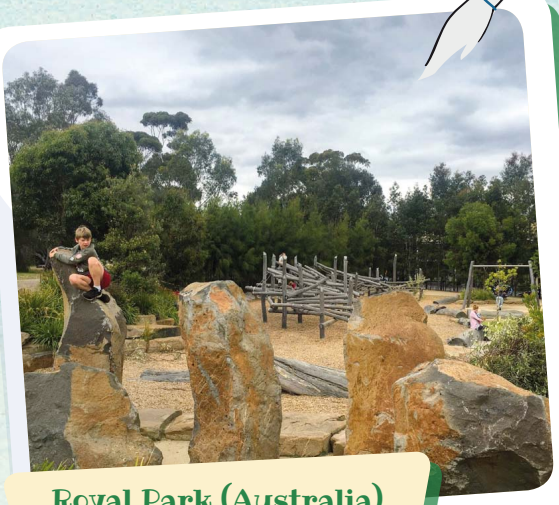
## Jardim das Oliveiras (Portugal)

Porto's largest green roof, an oasis of 50 olive trees and lush grass on top of a semi-open gallery of shops, restaurants, and cafés. This is an urban park escape for city workers, tourists, and university students.

Visit the Urban Nature Atlas on the Naturvation project's website **naturvation.eu/atlas**

## Parco Portobello (Italy)

This large park in Milan provides great recreational opportunities for all, from children's playgrounds to gaming areas for the elderly, as well as trails for biking, running and hiking. The park also has different gardens with a variety of vegetation.



## Royal Park (Australia)

Royal Park is the largest of Melbourne's inner-city parks. Many sport and recreational facilities are provided here, and the park is home to many native animals, with a rich variety of birdlife.

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